

**Ready, Set, School!** / Jacquelyn Mitchard

After Rory the raccoon conquers his fear of spending an entire night away from home, he is prepared to tackle the challenge of starting school just one week later, whether his parents are ready or not.

**The Kissing Hand** / Audrey Penn

When Chester the raccoon is reluctant to go to kindergarten for the first time, his mother teaches him a secret way to carry her love with him.

**I Love You All Day Long** / Francesca Rusackas

When a little pig worries about being apart from his mother when he goes off to school, she reassures him.

**Will You Come Back for Me?** / Ann Tompert

Four-year-old Suki is worried about being left in day care until her mother reassures her that she loves her and will always return for her.

**The Good-Bye Book** / Judith Viorst

A child, on the verge of being left behind by parents who are going out for the evening, comes up with a variety of pleas and excuses.

**Love Waves** / Rosemary Wells

While they are at work a mother and father send powerful "love waves" to their child at home, offering reassurance and comfort in their absence.

**Mama, Don't Go!** / Rosemary Wells (j Er WELLS)

Yoko loves kindergarten, but she doesn't want her mother to leave--until her new friend helps her realize that "mothers always come back."

**Jake Starts School** / Michael Wright

No one can pry a frightened Jake away from his parents on the first day of school, and so the three must watch as his classmates have fun until, at the end of the day, his teacher finally gets him to let go.

**Mt. Lebanon Public Library**

16 Castle Shannon Blvd.

Pittsburgh, PA 15228

(412) 531-1912

[www.mtlebanonlibrary.org](http://www.mtlebanonlibrary.org)

Updated January 2014

# separation anxiety

*Suggestions from the Mt. Lebanon Public Library  
for children in preschool through second grade*

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*Unless otherwise noted, all books may be found in  
the picture book section under the author's last name.*

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**When Mommy and Daddy Go To Work** / Joanna Cole

Carly is sad when her parents leave her at daycare to go to work, but when reminded that they'll be back later, she soon begins having fun with her friends.

**You Go Away** / Dorothy Corey (j T COREY)

Conveys everyday experiences of children briefly separated from their parents or caretakers and then reunited.

**Llama Llama Misses Mama** / Anna Dewdney

Llama Llama experiences separation anxiety on his first day of nursery school.

**Mama, Don't Go Out Tonight** / Sally Gardner

A little girl's concerns about her mother leaving her for the evening disappear once she finds out how much fun the babysitter can be.

**Don't Forget to Come Back!** / Robie H. Harris

When her parents go out for the evening, a little girl threatens to run off to Alaska but has a good time with the babysitter instead.

**Don't Want to Go!** / Shirley Hughes

Lily's mother is sick and her father must go to work, but she does not want to stay with a babysitter.

**Hugging Hour!** / Aileen Leijten

Drew, who prefers to be called Drool, worries her parents are never coming back when she spends the night with her grandmother.

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