

When Miles Got Mad / Samantha Kurtzman-Counter
Miles learns how to deal with his anger.

Football Friends / Jean Marzollo (j Er MARZOLLO)
Freddy tries to put his anger to good use when he plays football.

I Was So Mad / Mercer Mayer (j E-pb M)
A child tries to get rid of his anger.

Percy Gets Upset / Stuart J. Murphy
Mommy and Daddy help their son calm down and feel better when situations during the day make him angry.

Kai-Lan, Princess of Friends / Veronica Paz
Kai-Lan is a great friend! That's why the Monkey King asks her to help Fox King and Bear Queen repair their anger at each other.

Angry Dragon / Thierry Robberecht
A young boy is sometimes so angry that he becomes a dragon, but later he turns back into a boy and can feel his parents' love again.

Mad at Mommy / Komako Sakai
A little rabbit is very angry at his mother, and he tells her the reasons why.

When I Feel Angry / Cornelia Maude Spelman
A young rabbit talks about how she deals with her anger.

Mouse Was Mad / Linda Urban
Mouse struggles to find the right way to express his anger, modeling the behavior of Hare, Bear, Hedgehog, and Bobcat, only to discover that his own way is the best.

Sometimes I'm Bombaloo / Rachel Vail
When Katie gets mad she turns into Bombaloo.

Feet are not for kicking / Elizabeth Verdick (j T VERDICK)

Mt. Lebanon Public Library

16 Castle Shannon Blvd.
Pittsburgh, PA 15228
(412) 531-1912
www.mtlebanonlibrary.org

Updated January 2014

feeling angry

*Suggestions from the Mt. Lebanon Public Library
for children in preschool through second grade*

*Unless otherwise noted, all books may be found in
the picture book section under the author's last name.*

Hands Are Not for Hitting / Martine Agassi (j T AGASSI)
Shows the many good things that toddlers can do with their hands including waving, hugging, and playing—but not hitting.

Peace, Baby! / Linda Ashman
Simple rhyming text encourages children to set aside anger.

The Chocolate-Covered-Cookie Tantrum / Deborah Blumenthal
Sophie finds that throwing a tantrum won't get her what she wants.

Llama Llama Mad at Mama / Anna Dewdney
A young llama wants to play but must go shopping with his mother instead, and so he gets angry and makes a mess at the store.

Mean Soup / Betsy Everitt
Horace feels really mean at the end of a bad day, until he helps his mother make Mean Soup.

The Gift Box / Rohan Henry
Ollie becomes frustrated with his best friend Benjamin when he cannot figure out what Ollie's mother calls her son.

When Mommy was Mad / Lynne Jonell
A young boy helps his mother realize how her bad mood is affecting everyone in the family.

Dinah's Mad, Bad Wishes / Barbara M. Joosse
Dinah and her mother have a fight.

That Makes Me Mad! / Steven Kroll
A little girl gets mad and finds that her mother understands why.

No Hitting!: A Lift-the-Flap Book / Karen Katz (j T KATZ)
No hitting baby brother! What can you hit? Pots and pans!

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